



What is Fibroblast Plasma Skin Tightening?

Fibroblast Plasma Skin Tightening is a minimally invasive treatment that uses a device fitted with a tiny needle to deliver heat to the skin to tighten and firm it. Using an electrical spark to heat small columns of the skin, dermis fibers are contracted and collagen production is boosted, leading to the tightening and removal of excess skin.

What do I need to do before the procedure?

Please do not have an active tan or recent sun exposure (within 1 week) on the area you are coming in for treatment on.

Skin, where treatment is to take place, should be intact with no active rashes, acne or abrasions.

We will clean the area to be treated but avoid makeup the day of your appointment, if possible.

With deposit for service, we will provide you with a topical numbing solution that you will apply to clean skin, 30-minutes before your treatment appointment.

Please avoid caffeine and fitness the day of your service as this dilates the blood vessels and can cause unnecessary bleeding, discomfort and jittery nerves.

How long does it last? When will I see results?

The results are long lasting, up to 3-years, but don't last forever as the human body continues to age as time goes on. You will notice results immediately after treatment and will see the positive effects of the skin tightening procedure continue for the next 2-8 weeks, post-treatment. For some, an additional treatment may be requested after 12 weeks. Of course, each individual result is subject to the number of treatments, aging process, lifestyle factors, race, genetics, smoking, sun exposure and alcohol consumption. A top up treatment is recommended at 12-18 months out.

How many treatments will I need?

The number of treatments required will vary according to the condition being treated, skin's tonicity, the desired degree of correction and the individual's response to the treatment. Most clients see results instantly and this continues to improve over the course of the following 12 weeks. Further treatments can be carried out to get better results, although it is uncommon to require more than two treatments. Appointments must be spaced out at least 12 weeks.

What can I expect after my treatment?

Fibroblast Plasma Skin Tightening has been shown to be a safe treatment due to its non-invasive nature.

- Immediately after treatment you will see an improvement.
- There will be some tiny brown marks that have the appearance of minor scabbing, which are carbon crusts, but in 5-10 days these will flake away, revealing new pink skin beneath.
- Some swelling will be seen (especially in cases of eyelid treatment), but it is likely to only last 3-5 days at most. Swelling in the eye area is to be expected for a few days following an upper eyelid treatment.
- It is vital to allow those small scabs to come off without picking so that they heal naturally.
- To avoid any more serious side effects such as hyper-pigmentation, please follow the aftercare recommendations given to you by your technician.
- You may experience a sensation similar to sun burn which, will likely last a few hours.
- Swelling may intensify over the following few hours and more so when eyes are treated and may last 2-3 days. Eye treatments may impair vision due to swelling. It is recommended to have 2-3 days off work.
- The scab crust/discoloration should resolve within 5-12 days depending on the individual and area treated. Results are seen instantly after the treatment, although this gradually improves over the course of the following 12 weeks. There is downtime but significantly less downtime than plastic surgery.
- Following treatment, you will be given thorough aftercare instructions to ensure that you see the best results.
- Healing Gel will be given for aftercare on the area treated.
- The majority of people are safe to drive following their Plasma Skin Tightening procedure as swelling does not set in until later that day.
- You will need to avoid sun exposure on the area of treatment for 4 weeks.

Is the treatment painful?

Discomfort can vary, for this reason anesthetic is applied to ensure comfort.

The sensation is similar to laser treatments, where a short warm zap is felt. We also recommend planning your appointment outside your pre-menstrual phase to avoid discomfort.

People with these conditions are not suitable to receive Fibroblast Plasma Skin Tightening Services.

- Pregnant or Breastfeeding women
- People with inflamed skin – Active skin disorders, sunburn, dermatitis, psoriasis, etc.
- People prone to keloid scarring
- People with a pacemaker
- People with lymphatic drainage disorders
- People receiving cortisone therapy
- People with a Fitzpatrick 4-6 skin type i.e. Black American, Aboriginal, Latino, Dark skin Asians, Pacific Islanders, Filipino due to darker skin types being prone to severe hyper pigmentation and hypo pigmentation.
- People with Diabetes
- People with Herpes
- People with Epilepsy
- People with active cancer (Doctors consent required)

Aftercare:

Please don't wash/dry your skin the day of your appointment.

You may use the post-treatment ointment the day of and the following few days after your appointment. Use clean hands to apply a thin layer.

The day after your appointment, you can wash with a gentle cleanser and blot dry.

You may use a gentle moisturizer beginning day 3.

Please do not pick any of the brown spots or flaking that you observe. Let the skin slough on its own.

You may use Tylenol or acetaminophen for discomfort.

Please stay out of the sun for the next four weeks and always use SPF 30 or above on your face afterwards.

Call if you have any questions or concerns. (417) 350-8730

Informed Consent

I acknowledge that I have read and understand the information for Fibroblast Plasma Skin Tightening. I feel I have been adequately informed of the risks of Fibroblast Plasma Skin Tightening as well as alternative methods of treatment. All of my questions have been addressed and answered to my satisfaction. I agree to the terms of this agreement. With this in mind, I hereby consent to Fibroblast Plasma Skin Tightening Treatment performed by Sheila L. Bowen, RN at Beautiful You.

Signature of Patient

Date

Signature of Patients Parent / Legal Guardian, if Patient is under 18

Date

Beautiful You Witness

Date

*DISCLAIMER

Informed consent documents are used to communicate information about the proposed treatment of a disease or condition along with disclosure of risk and alternative forms of treatments. The informed consent process attempts to define principals of risk disclosure that should generally meet the needs of most patients in most circumstances. However informed consent documents should no be considered all-inclusive in defining other methods of care and risks encountered. Informed consent documents are not intended to define or serve as a standard of care. Standards of care are determined on the basis of all the facts involved and in individual cases and are subject to change as science and technology advance and as practice patterns evolve. It is important that you read the above information carefully and have all your questions answered before signing this consent.