

1. A 48-hour notification of cancellation is required. In respect of our clients' time and the time of our practitioners as well as to decrease the incidence of "No Call-No Shows", Beautiful You is now requiring a deposit for all new services. You MUST cancel/reschedule your appointment no less than 48 hours in advance to allow us time to fill that appointment for other customers on a waiting list. We require a \$75 deposit at time of booking for all new services. If you need to cancel/reschedule and we do not have the proper notice then you forfeit that deposit and will be required to place another deposit upon rescheduling.
2. Color boosts are necessary within the first year by approximately 30-40% of individuals.
3. A pain reliever is suggested to minimize discomfort. Tylenol or a non-aspirin product such as ibuprofen will usually do the trick. If you have a low pain tolerance, you might consider something stronger from your physician.
4. To help eliminate discomfort, avoid the following prior to your appointment: drinking caffeine or alcohol, massage therapy, and exercise.
5. Please leave children at home.
6. If you are currently on medication or under a physician's care for any reason (including pregnancy/lactating), please let us know prior to your appointment.
7. Do not take any aspirin or aspirin products within 24 hours prior to your appointment.
8. An aftercare product will be provided with initial application.
9. **Be prepared for the color intensity of your permanent makeup to be significantly sharper, brighter or darker than what is expected for the final results. It will take time for this transition based on how quickly the outer layer of your skin exfoliates. It is normal for the outer layers to slough off in chunks. Do NOT scrub the treated area. Usually sloughs off within 3-8 days. Subtle changes occur over 30 days.**
10. Wear your makeup the way you like it when you arrive for your appointment. If you struggle getting your makeup on correctly, don't worry about applying it. We'll talk our way through it when you arrive.
11. Do not wax or tweeze 48 hours prior to any procedure. Electrolysis should be done no fewer than five days before your procedure. Do not resume any method of hair removal for at least 7- 10 days after your permanent cosmetic procedure or collagen induction.
12. **Botox, Restylane or laser procedures should stop 3 weeks prior to your permanent cosmetic procedure OR resume 3 weeks after your permanent cosmetic procedure.**
13. Any eyelash or eyebrow tinting or eyelash curling should be done at least 48 hours before or two weeks after your permanent cosmetic procedure.
14. Please bring sunglasses to wear home on the day of your eyeliner procedure, as your eyes may be sensitive to the sun.
15. You will be fine to drive home on your own.
16. Wear a dark shirt or something you won't mind getting pigment on.

EYELINER

- **If you use a lash enhancement serum, you will need to stop using it for 3-4 weeks before you have permanent makeup applied. The lash enhancer thins the tissue around the eye resulting in excessive bleeding during the procedure.**
- If you have eyelash extensions please schedule toward the end of your lash cycle or have them removed.
- Wear your makeup the way you prefer it when you come in for your appointment.
- Bring your eyeliner pencil with you for matching to the shade you prefer.
- An antihistamine or decongestant is okay to take 30-minutes before your procedure if you suffer from watery eyes. Watery eyes won't interfere with your procedure.
- It is best to remove contacts and false eyelashes if worn. (Bring eyeglasses)

EYEBROWS

- Come in on the day of treatment with eyebrows penciled the way you want them. If you're unable to do this, don't worry about it. We'll work on this together.
- Bring in eyebrow pencil of the color you prefer.
- Please, do not shave your eyebrows.

LIPS

- **If you have ever in your life had a cold sore, you must request a Zovirax or Valtrex (or like med) prescription from your doctor to be taken prior to appointment, to prevent a cold sore breakout.**
- Bring in your lipstick or liner color for proper matching.
- Lips can be very sensitive. Feel free to take a pain reliever before your appointment. (Tylenol, ibuprofen, Aleve or doctor prescribed).

Permanent makeup cannot be done while pregnant due to fluctuating pregnancy hormones making it difficult for pigment to adhere. For women that are lactating you must wait at least 3 months for hormones to resume balance to proceed with permanent cosmetic services.

Be prepared for your makeup to be significantly darker, sharper or brighter when you leave the studio than it will be a few days after your procedure. This is due to swelling (superficial and interstitial), excess pigment and tiny pinpricks of blood that appear and turn dark when dried. Your permanent makeup will soften by as much as 50% once the sloughing process has occurred. Sloughing means scabbing and flaking and is part of the healing process. This typically begins 3 – 8 days after your procedure. During the two weeks following your procedure, your skin is going through many changes. There are a few days when you may not see any pigment due to interstitial swelling. The pigment can “hide”. Do not pick at the scabbing or try to rush the process.

Skin on the face replaces itself every 30 days so there will be subtle changes during that time. No adjustments can be made to your permanent makeup until 30 days (45 days for lips) has passed since your procedure. **At two weeks out**, scrutinize your makeup and make note of any changes you would like to see (color, thickness, length, shape, etc.). These changes can be done with a color boost appointment 4 weeks after your service. We make any necessary adjustments, then go over everything again during a color boost. This helps to lock in your color.

A color boost within the first three months of initial application is \$100. A color boost after the first three months of initial application is \$200. After five years from original procedure or a color boost, new pricing applies.

Different types of skin take pigment differently. Sensitive or oily skin will need more frequent color boosts. Dry skin will hold pigment better. More mature skin will have a softer hair stroke upon healing. Products you use on your skin can also affect how pigment takes.

1. **Cleaning:** Wash your hands prior to touching your tattoo. Apply a thin film of Aquaphor for the next 3 days, two times a day with clean cotton swab or clean finger. Gently blot clean starting the day after with a barely damp, warm cloth. Blot dry.
2. **Sunlight:** Stay out of direct sunlight and tanning booths for 7-10 days. Always use sunscreen of at least SPF30.
3. **Beauty Treatments:** Do not wax, tweeze or have filler injections for 10 days. Botox/Dysport is okay.
4. **Grooming & Shaping:** In order to maintain symmetry for your eyebrows, you may need to wax or tweeze the additional hair growth outside of your new tattoo shape that was agreed upon by you and your technician. You may resume grooming habits 10 days after new service application or color boost.
5. **Wearing makeup:** Please use a new mascara if permanent eyeliner was applied. Avoid all makeup over the top of your tattoo until it has finished the sloughing process. After your skin has healed, you can apply makeup , although it will alter the color of your tattoo as it is another “filter” that you’re seeing the pigment through.
6. **Water:** Do not go swimming in the ocean, freshwater lakes and streams, chlorinated pools, or soak in a tub or Jacuzzi until permanent makeup is completely healed. Take showers until the tattoo is completely healed and do not keep continuous water flow on your permanent makeup for at least a week.
7. **Activities:** Avoid dirt, direct pet contact (with tattoo) and heavy sweating for 3-4 days.
8. **Pain & Redness:** Some redness around the area immediately after tattoo is normal and can last for up to a week on some people with sensitive skin. This inflammation is part of the natural healing process. If redness persists or you suspect infection, apply some triple antibiotic and discontinue use of ointment provided by Beautiful You. You may apply ice (frozen peas) for 15 minutes to help reduce swelling. Aleve or Ibuprofen is helpful too.
9. **Infection:** If suspected infection symptoms such as fever, continued redness, swelling, or tenderness at the site, any green/yellow discharge that is foul in odor, or red streaks going from the procedure site toward the heart, contact your medical provider.

Please contact **Beautiful You Med Spa** if you have any questions or concerns at:
417-350-8730 or info.bypc@gmail.com

We value ALL of our clients and we want you to be so excited about your experience here at Beautiful You from the first greeting through the final results! If you feel so inclined, we would love for you to leave us a Google review! We appreciate your time in helping others with their decision to make the BEST decision in choosing their permanent cosmetic home.