

## Scalp Micropigmentation (SMP)

SMP (Scalp Micropigmentation) is a highly detailed process that creates a natural looking simulation of micro hairs. Our sophisticated scalp application is administered to the head, usually over 2-3 sessions spaced seven days to 2-weeks apart. This process is considered the ultimate solution for hair loss for both men who are balding and for women who have lost density in their hair. When done correctly, SMP can also remedy surgical scars from hair transplant and facelift surgeries.

For those experiencing hair loss or alopecia, SMP offers an effective cosmetic hair loss solution. Competent application of the SMP technique results in the appearance of a buzzed hairstyle, regardless of your hair loss situation. Even clients who are completely bald can have a natural looking hairstyle again. Hair lines can be re-established for receding hair line in both a soft, natural look or a stronger edge for that trendy male look.

At Beautiful You our SMP services can address:

- frontal hairlines, neck, and side profile creation
- camouflage of hair transplant scars from strip or FUE (follicular unit extraction) surgery
- birthmarks and accident-related scars or burns
- combination solution with a hair transplant to provide additional density

Some important information for you to know about SMP.

- Please be on time for your appointment. Appointments running 15 minutes or more behind will be required to reschedule with a \$75 deposit upon rescheduling.
- Clients usually need 2 - 3 treatments, spaced 7 days to 2-weeks apart. On occasion, a 4<sup>th</sup> treatment may be necessary, particularly depending on if one of the treatments consisted of a micro-needling procedure to reduce scar tissue in a specific area of the scalp.
- Once the scalp pattern has been determined, agreed upon and the service has begun it is difficult to make changes.
- Pigment can be added to the hairline but cannot be removed. (laser removal is an option)
- The first pass (1<sup>st</sup> treatment), you will see minor effects from the treatment. It is after the second treatment that the results are much more pronounced. This is normal.
- Most clients are very comfortable during the procedure, stating the sensation as no more than a 2 -3 on a scale of 1-10, with 10 being the most uncomfortable. If you wish, you can request a one-time dose of something for pain or anxiety from your physician before your procedure. Please make sure you will be able to drive home afterward, or that you plan for a driver, if you take a medication.
- SMP can have results that last up to 10 years before one needs a top off. Average is between 4 and 6 years.
- The clients' scalp must be healthy to receive SMP treatments. No active lesions from hair pieces can be present when receiving SMP. There should be minimal to no scaling at the time of treatment. Client must have healed hair transplant surgical scars with at least 12-months from the time of their surgery.
- A sugar scrub on the scalp is recommended 48 - 72 hours before any SMP procedure to produce a flake free scalp for procedure. Beautiful You will provide you with this to be used before your procedure.
- Brushing the scalp with an old fashion bristle brush helps to bring blood flow to the scalp, assisting the follicles in producing hair growth. It is also good to do for the weeks leading up to any SMP procedure.
- Please make sure you have had a good night rest the night before your procedure as well as a good meal. Also be sure to be well hydrated. All these things will help you to tolerate the length of the procedure as well as the procedure itself.
- You may bring a book on tape or music to listen to with headphones for your procedure.
- PLEASE do not have any powders or sprays on your scalp when you come in for your procedure. Your head must be clean for a positive and effective outcome with this procedure.
- PLEASE make sure there is a minimum of 7 days between coloring your hair and your SMP procedure otherwise we will not be able to proceed, and you will have to reschedule.

### **Payment for SMP Procedure:**

Beautiful You has two payment plan options for SMP.

The first is a no interest plan offered through Beautiful You.

1. You pay 1/3 of the total when you book your appointment.
2. You pay the second 1/3 of your payment when you come in for your first treatment.
3. You pay the third 1/3 of your payment when you come in for your second treatment.
4. When you come in for your 3<sup>rd</sup> treatment, there is no money due.

Care Credit is another option for those wishing to have a longer period of time to pay for their services.

We also accept all credit cards, checks and of course cash.

Top Off's are when we color boost your scalp pigment. This should not need to be done but every 4-10 years.

The cost for this is 25% of what you paid for the job initially. We keep track of this information in our client files.

### **AFTERCARE:**

- Avoid exposure to the sun for at least a week. Sunscreen or a hat is good to protect your pigment.
- Shower with no shampoo/soap for the first three days afterward. After this you may wash gingerly with a gentle shampoo.
- You may take acetaminophen or ibuprofen for discomfort.
- If your scalp becomes itchy, please just press on the skin and this will alleviate the itch.
- Your scalp may appear pink, like a mild sunburn, for a few days. This will disappear.